



Nate Battle

Behavioral Mental Health
Coach, Speaker & Author

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Nate is a Certified Behavioral Mental Health Coach focused on helping humans achieve life harmony while in pursuit of living up to their fullest potential on their way to healing and wellness. Nate's superpower comes from being *experientially empathetic* and no stranger to adversity and challenge.

Nate provides real-world and actionable tips on facing and overcoming personal setbacks, professional hurdles, emotional challenges, health issues, relationship difficulties, stress, anxiety, rejection, and toxic thoughts to help enhance your personal and professional life. Addressing the taboo topic of suicide and providing personal prevention strategies.

Your audience will walk away with powerful insights and tools they can use to push through challenges, reduce overthinking, become more focused, have purpose and reasons to engage and feel empowered to live life to its fullest through learning to *feel, heal, and enjoy*.

SIGNATURE TOPIC

“Dear Stress, Let’s Break Up!”

In this inspiring and thought-provoking talk, Nate reveals the secrets of breaking free from limited thinking and going beyond challenges to achieve wellness and victory in his straightforward approach. Attendees will gain insights and learn techniques, tactics, and strategies to help navigate:

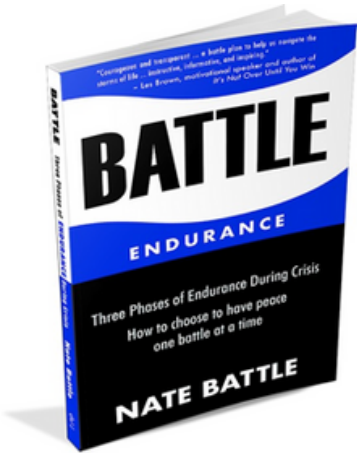
- ✓ Enduring Through Challenges
- ✓ Creating a Sense of Purpose
- ✓ Mitigating Anxiety and Stress
- ✓ Overcoming Negative Thoughts
- ✓ Finding Hope in the Midst of Adversity
- ✓ Gaining a Greater Sense of Peace & Wellbeing
- ✓ Managing and Coping with Difficulties

#LetGoLiveNowWin

CoachNate.com



Nate authored the book *Battle Endurance: How You Can Be Someone Who Never Quits & Gives Everything You Have to Give*. As an experienced Coach, Senior Executive, Entrepreneur, and Consulting Professional, he has gained 30+ years of leadership, relationship, and human behavior knowledge.



“Courageous and transparent ...a battle plan to help us navigate the storms of life ...instructive, informative, and inspiring.”

- Les Brown,
Motivational Speaker

“Nate has been dedicating his life to helping people be the best version of themselves, achieve their goals, and fight for their dreams”

“A survivor himself, Nate speaks from the heart and knows what it is like to lose hope and feel down. He understands people’s struggles, and yet he knows that overcoming pain and suffering is possible.”

**Let Go
Live Now
Win!**

Please feel free to reach out for any questions.

CLIENT FEEDBACK

“You have such a great way of delivering your message. You are truly an inspirational speaker.”



“Nate Battle delivers a powerful message to audiences of all ages about winning against all odds. He gives power to the voice of people facing challenges with insight and grace.”

*Charlene Farrington, Executive Director,
Spady Cultural Heritage Museum*

Get in Touch!

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